

*From the National Honey Board's Home Is Where Your Honey Is: A Collection of Recipes*

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## **Sweet & Sloppy Joes: makes 4 servings**

### ***Ingredients:***

- ¼ cup honey
- ¼ cup chopped onions
- ¼ cup chopped celery
- ¼ cup grated carrots (sneak those veggies in!)
- 2 Tablespoons vegetable oil
- 1 lb. ground turkey OR hamburger
- ½ cup tomato paste
- 3 Tablespoons water
- 1 Tablespoon vinegar
- 2 teaspoons Worcestershire sauce
- 1 and ½ teaspoons chili powder
- salt & pepper to taste
- 4 hamburger buns

### ***Directions:***

- In large pan over medium heat, sauté onions, celery, & carrots in oil till soft
- Stir in turkey OR hamburger
- Cook for 5 minutes, stirring frequently, till meat is browned & crumbly
- Stir in tomato paste, honey, water, vinegar, Worcestershire sauce, & chili powder
- Simmer, covered, 3 to 5 minutes
- Season to taste with salt & pepper
- Place on buns and serve