

From Ruth Tan's Sweet & Sour Recipes: Summer Honey Delights, <http://www.benefits-of-honey.com/honey-recipe.html>)

Happy Apple Crunch (2 – 3 servings)

Mix all ingredients together:

1 chilled green apple (optional skin, washed, cut into small thin slices)

1 chilled red apple (optional skin, washed, cut into small thin slices)

4 dried apricots (cut into tiny bits)

5 chilled strawberries (washed, cut into small thin slices)

Lime juice (1 tablespoon)

Salt (1 teaspoon)

Honey (2 teaspoons)

Sprinkle with pistachio nuts (3 tablespoons, remove shell and crush coarsely) just before serving.