

From Ruth Tan's Sweet & Sour Recipes: Summer Honey Delights, <http://www.benefits-of-honey.com/honey-recipe.html>)

Missy Cheeky Sandwich: A Twist on the Grilled Chicken Sandwich (2 servings)

Directions:

Marinate chicken (1 small piece, about 200g) in soya sauce (2 teaspoons) and black pepper (a dash). Grill until golden brown and cut into small pieces.

Add these ingredients to the grilled chicken and mix:

Raisins (1 tablespoon, cut into tiny bits)

Sesame seeds (half a tablespoon)

Honey (2 teaspoons)

Mustard (2-3 teaspoons)

Lettuce (4 leaves)

2 cherry tomatoes (cut into small pieces)

1-2 limes (extract juice)

A few dashes of black pepper

Sandwich the chicken mix with white soft bread (4 slices)